

Fresh

WEEKLY SAVINGS

SACRAMENTO NATURAL
FOODS CO-OP
Locally Owned Since 1973

APRIL 30 - MAY 6

VALENCIA ORANGES

Blue Heron Farm,
Rumsey, CA

Organic

Local

\$1.99 ^{lb}
Reg. \$2.79

JALAPEÑO PEPPERS

Various
Growers, MX

Organic



\$4.99 ^{lb}
Reg. \$6.99

CARNE ASADA

Co-op Crafted



\$3 off
Reg. \$14.99 lb

SALSA DE MANGO

Salsa Sazona

Local



\$4.99 ^{15 oz}
Reg. \$6.99

FAIR TRADE LIMES

Covilli Brand
Organics, MX



3/\$2
Reg. 89¢ ea

ROCK COD

Wild,
California



\$6.99^{lb}
Reg. \$10.99

DAIRY FREE CHIPOTLE YOGURT DIP

Cocojune



\$4.49^{8 oz}
Reg. \$6.49

MARINATED CHICKEN DRUMSTICKS

Co-op Crafted



\$2.99^{lb}
Reg. \$3.99

MINI SEEDLESS WATERMELON

Various
Growers, MX



\$1.69^{lb}
Reg. \$2.49

SOYRIZO

El Burrito



\$4.49^{12 oz}
Reg. \$5.29

WILLOUGHBY CHEESE

Jasper Hill



\$8.50 off
Reg. \$41.99 lb

MANGO HABANERO CHICKEN SAUSAGE LINKS

Co-op Crafted



\$5.99^{lb}
Reg. \$7.99

CILANTRO

Various Growers,
California



\$2.19^{ea}
Reg. \$2.99

SUPER FIRM TOFU

Wildwood



\$3.99^{16 oz}
Reg. \$4.49

PIXIE TANGERINES

Tangerine Man,
Ojai, CA



\$2.49^{lb}
Reg. \$4.99

DRY JACK CHEESE

Vella



\$5 off
Reg. \$24.49 lb

GROUND BEEF 80%

Thousand Hills



\$7.99^{lb}
Reg. \$11.99

SUPERSEED HALVA

Hebel & Co



\$3.50 off
Reg. \$15.99 8 oz

CHEDDAR ROUND

Guinness
Select Varieties



\$5.99-\$8.49^{6.3-7 oz}
Reg. \$7.99-\$10.99