

Fresh

WEEKLY SAVINGS

SACRAMENTO NATURAL
FOODS CO-OP
Locally Owned Since 1973

MAY 7 - MAY 13

OPEN PINT STRAWBERRIES

Terra Firma Farm,
Winters, CA

Local

Organic

2/\$7 ^{1 pt}
Reg. \$6.99

BLUEBERRIES

Betterful,
Fresno, CA



Organic

\$6.99 ^{1 pt}
Reg \$9.99

ROCK COD

Wild, CA



\$6.99 ^{lb}
Reg \$10.99

DINO KALE

Various Growers,
California



Organic

\$2.29 ^{ea}
Reg \$2.99

SPRING ONIONS*Various Local Growers, CA***GARLIC HERB COW'S MILK CHEESE***Carrigaline Farmhouse Cheese***FAIR TRADE BRUSSELS SPROUTS***Covilli Brand Organics, MX***TERIYAKI PORK SAUSAGE LINKS***Co-op Crafted***FAIR TRADE PINEAPPLES***Finca El Bosque, Costa Rica***TARAY***Granja Cantagrullas***DREAM WEAVER GOAT CHEESE***Central Coast Creamery***STRAWBERRY RICOTTA CHEESECAKE***Sweetaly Dolceria***PROSCIUTTO DI PARMA***Levoni***ORANGE JUICE***Evolution Fresh***GROUND BEEF 80%***Thousand Hills***UNSALTED BUTTER***Frentel***MIND BODY & SOUL COFFEE***Equal Exchange***GAMONEU***L'Arbeyal*