

Fresh

WEEKLY SAVINGS

SACRAMENTO NATURAL
FOODS CO-OP
Locally Owned Since 1973

MAY 14 - MAY 20

RED CHERRIES

Dwelley Family Farms,
Oakley, CA

Local

Organic

\$9.99 ^{lb}
Reg. \$14.99

VALENCIA ORANGES

Various Local
Growers, CA

Local



Organic

\$1.99 ^{lb}
Reg \$2.79

ATLANTIC SALMON

Farmed



\$16.99 ^{lb}
Reg \$21.99

PORTOBELLO MUSHROOMS

Premier Mushrooms,
Colusa, CA



Organic

\$7.99 ^{lb}
Reg \$9.99

STRAWBERRIESJSM Organics,
Aromas, CA**Organic****\$5.99** 16 oz
Reg \$7.99**MT. TAM**Cowgirl
Creamery**Organic****\$9.50 off**
Reg \$45.99 lb**CANTALOUPE
MELON**Various
Growers, MX**Organic****\$1.49** lb
Reg \$2.49**TRIPLE CREAM
SNAPDRAGON
CHEESE**Tulip Tree
Creamery**\$13.49** 6 oz
Reg \$16.99**ZUCCHINI SQUASH**Tomatero Farm,
Watsonville, CA**\$2.29** lb
Reg \$2.99**CHIPOTLE CHERRY
CHICKEN SAUSAGE
LINKS**

Co-op Crafted

**\$5.99** lb
Reg \$7.99**HOUSEMADE BEEF
BURGER PATTIES**

Co-op Crafted

**\$7.99** lb
Reg \$10.99**SIGNATURE WHITE
MACABEO**

San Chez

**\$6.49** 750 ml
Reg \$8.29**MEDJOO DATES**

Bulk

**Organic****\$8.49** lb
Reg \$10.29**BEYOND BEEF
PLANT-BASED
GROUND**

Beyond Meat

**\$7.99** 16 oz
Reg \$10.99**STRAWBERRY
PASSION PREBIOTIC
+ PROBIOTIC DRINK**

Wildwonder

**Organic****2/\$4** 12 oz
Reg \$3.49**CABRICHARME
GOAT'S MILK
CHEESE**La Fermiere
de Mean**\$7.50 off**
Reg \$35.99 lb**MANCHEGO EL
TRIGAL RESERVA**

Forever Cheese

**\$8.50 off**
Reg \$41.99 lb**CHIPOTLE YOGURT
DIP DAIRY FREE**

Cocojune

**Organic****\$4.49** 8 oz
Reg \$6.49**HIGHWAY 1**

Valley Ford

**\$8.99** 8 oz
Reg \$11.49